

## A Broccoli Poem

Select stems of tender  
sturdiness. Fine-slice, then

release the floret bunches  
from growth's firm hold.

Lid, and steam briefly to retain  
crisp energy. When cool

slather with chutney from spiced  
flesh of mangoes; add chunky

cottage cheese. Mix carefully,  
honoring each element's lore.

Then, sitting down to dine,  
startle your mouth.

Jenny Kander